



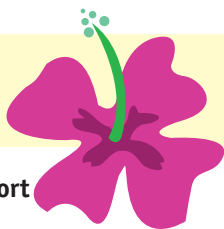
# Connect

with a Coordinated Intake  
and Referral Family Partner



We are here to help you connect with services in the community that benefit you and your family. All caregivers and families with young children are welcome!

## Services



- Parenting education and support
- Baby care instruction
- Breastfeeding education and support
- Help to quit smoking
- Childbirth education
- Counseling services
- Nutritional education
- School readiness programs
- Child development education and support
- Family planning
- Car seat safety classes



## Connect with Us!

To get connected, contact our Family Partner today!

**Carolina Rueda | 352-727-3036 | [crueda@wellflorida.org](mailto:crueda@wellflorida.org)**



**Healthy Start**

*of North Central Florida Coalition*

*Every baby deserves a healthy start*



**Maternal,  
Infant & Early  
Childhood  
Home Visiting  
Program**

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