# Diabetes Self-Management Education (DSME) Mini-Grant Funding Availability Notification FY 2015 - 2016

Deadline for application: August 31, 2015

#### I. Purpose and Eligibility Requirements

The Florida Department of Health, Division of Community Health Promotion, is partnering with WellFlorida Council to manage mini-grant distribution and provide technical assistance and expert mentoring services to diabetes self-management education (DSME) programs in Florida. The purpose of this funding is to expand access to DSME programs for people with diabetes in Florida.

This funding may be used by organizations which meet any of the following criteria:

- Organization has no current DSME program, with a goal of providing quality DSME which
  eventually could be recognized by the American Diabetes Association (ADA) or accredited by
  the American Association of Diabetes Educators (AADE)
- Organization has a current DSME program that is not recognized or accredited and has a goal of becoming recognized or accredited to provide DSME
- Organization currently has a DSME program that is recognized or accredited and has a goal to
  establish one or more satellite locations that are recognized or accredited to provide DSME
- Organization seeks assistance to sustain a recognized or accredited DSME program

Targeted counties include Alachua, Bradford, Citrus, Columbia, Dixie, Gilchrist, Hamilton, Hernando, Lafayette, Lake, Levy, Marion, Putnam, Sumter, Suwannee and Union. Other counties will be considered, but targeted counties receive priority. Counties with no recognized or accredited DSME program, or that show an unmet need, will also receive priority for funding.

### **II. Funding Categories**

Funding is available in six categories (see list below). An applicant organization may apply for one or more categories, but must demonstrate need for each category and ability to perform the responsibilities of each category applied for.

Applicants which achieve 80 points or higher ( $\geq$  80%) on the scoring may be interviewed by the review committee to determine the organization's ability and commitment to complete the deliverables for the category(ies) for which they applied.

Organizations funded for certain categories will receive technical assistance and mentorship from a member of the Florida Diabetes Alliance who has auditing experience with the ADA or AADE, or who represents a high-performing DSME program that has achieved recognition/accreditation by the ADA or AADE and has experience in the category(ies) for which funding is requested. Expenses of the mentor will be paid separately by WellFlorida Council. Expenses associated with the mentor do not need to be included in the budget; however, mentoring services should be requested and described in Section C of the funding application.

The categories, elements included, maximum award for each category, general information about acceptable activities and expenses, and guidance about eligible program types are:

CATEGORY	ELEMENTS INCLUDED	MAXIMUM AWARD	ELIGIBLE PROGRAM TYPES
Category A: Getting Ready to Develop a DSME Program	Technical assistance for basic planning, organizational commitment, needs assessment, identification of leadership roles, identification of task force roles, meeting times and places, organizational planning, identification of and commitment of community partners, etc. Requests for mentorship will be considered on a case-by-case basis as needed.	\$5,000	Organizations not currently providing DSME but desiring to begin a DSME program
Category B: Training/ Professional Development for DSME Staff	Identifying and assigning staff; providing basic DSME training to staff. Funding may be requested to attend ADA or AADE sponsored training events/opportunities. Training opportunities are listed at <a href="https://www.diabeteseducator.org/ProfessionalResources/products/index.html#products">https://www.diabeteseducator.org/ProfessionalResources/products/index.html#products</a> and <a href="http://professional.diabetes.org/Congress_Display.aspx?TyP=9&amp;CID=71060">http://professional.diabetes.org/Congress_Display.aspx?TyP=9&amp;CID=71060</a>	\$10,000 – pay for staff to attend training. Funding may be used for professional membership in the organization providing the training if the cost of membership is offset by the cost of training.	All of the following may apply:  Organizations not currently providing DSME but desiring to begin a DSME program  Organizations providing DSME but not accredited or recognized  Organizations which are accredited or recognized but need to train additional staff or provide more training to existing staff.
Category C: Building Infrastructure to Provide DSME Services	Purchasing/printing approved curriculum (must be current and include core topics; see Attachment 4); purchasing curriculum licensing; staff training on curriculum; purchasing/printing curriculum, program materials, and promotional materials; developing an advisory group	\$10,000	Organizations which currently offer DSME but are not accredited or recognized and wish to become accredited or recognized

CATEGORY	ELEMENTS INCLUDED	MAXIMUM AWARD	ELIGIBLE PROGRAM TYPES
Category D: Becoming an Accredited/ Recognized DSME Program	Unaccredited/unrecognized DSME programs which receive a mini-grant through this mini-grant funding will be required to prepare their program for accreditation (American Association of Diabetes Educators-AADE) or recognition (American Diabetes Association-ADA), undergo a site visit/mock audit by an experienced DSME program auditor, and make application to either the AADE or the ADA.  Data entry software (for input of data required for accreditation/ recognition), temporary data entry staff, application fee, purchasing and printing marketing and class materials (including nutrition demonstration) for DSME classes.  These funds may not be used for any staff salaries. Only temporary staff for data entry are allowed at an hourly rate. Funding for mentorship will be provided on a caseby-case basis as determined by DSME hub. Budget should specify ADA recognition or AADE accreditation process.	\$5,000	Organizations which currently offer DSME but are not accredited or recognized and wish to become accredited or recognized.  This category is NOT for organizations requesting assistance to expand to satellite location(s), Satellite applicants should apply for Category E.  Organizations considering applying for this category should review the "Crosswalk for AADE's Diabetes Education Accreditation Program" (Attachment 4) to determine whether they will be able to achieve the requirements of this category by June 30, 2016.
Category E: Establishing DSME Satellites	Travel for program staff to provide technical assistance to satellite locations, purchasing and printing marketing and class materials (including nutrition demonstration) for DSME classes, temporary staff for data entry, data entry software, application fee. These funds may not be used for staff salaries. Only temporary staff for data entry are allowed at an hourly rate.	\$2,000	For recognized/ accredited DSME programs to establish satellite programs in neighboring counties. Priority on satellites established in counties with no recognized/ accredited programs.

CATEGORY	ELEMENTS INCLUDED	MAXIMUM AWARD	ELIGIBLE PROGRAM TYPES
Category F: Sustaining DSME Programs	Training and infrastructure that prepares the accredited or recognized program to complete and submit reimbursement forms. Funds may be used for promotional materials; travel to local health care providers to refer patients for DSME services; temporary staff to prepare billing forms; and for training on program management, billing and reimbursement, and other pertinent topics.	\$2,000	Accredited or recognized DSME programs, including satellite locations

### **III. Funding Timeline**

Funding announcement released on or before July 20, 2015

Q&A conference call August 4, 2015, 2:00-3:00PM EDT

Toll-free number: 888.670.3525Participant Code: 416.360.4135

Summary of conference call posted

on Health Council websites

August 11, 2015

Application deadline

All applications must be received by this date. Late applications are not guaranteed to be considered.

August 31, 2015

Telephone Interviews

September 21-25, 2015

Funding awards announced

October 2, 2015

All funded activities completed by

June 1, 2016

All reports received by

June 15, 2016

#### **IV. Deliverables**

Funded organizations will be required to submit the following deliverables. Failure to complete the deliverables will result in forfeiture of funding.

Category A: Getting Ready to Develop a DSME Program

Timeframe	Deliverable
Within 2 weeks of award	<ul> <li>Checklist of national standards showing which are in place</li> <li>Confirmation of contact with mentor (date; name, phone number and email address of mentor; name, phone number and email address of organizational representative; summary of conversation)</li> </ul>
Within 1 month of award	Work plan for what the organization will accomplish throughout the funding period, including timeline and person responsible for each activity.
By February 1, 2016	<ul> <li>Progress report – Update on work plan milestones, including</li> <li>Is the organization on track with completing activities in the work plan?</li> <li>If not, what is the reason for any delays?</li> <li>What other accomplishments has the organization achieved to date?</li> <li>What challenges has the organization encountered, and how were they overcome?</li> <li>Budget status report:</li> <li>Complete the budget report on the form that will be provided</li> <li>Are there any requested changes to the budget?</li> </ul>
By June 15, 2016	<ul> <li>Final report describing the following:</li> <li>Work plan milestones as shown above</li> <li>Reason for any milestones not achieved</li> <li>Successes, barriers, lessons learned</li> <li>Next steps (post-funding period)</li> <li>Final budget report:</li> <li>Complete the budget report on the form that will be provided</li> </ul>

Category B: Training/Professional Development for DSME Staff

Timeframe	Deliverable
Within 2 weeks of award	<ul> <li>Work plan for what the organization will accomplish throughout the funding period, including timeline and person responsible for each activity</li> <li>Confirmation of contact with mentor, if any (date; name, phone number and email address of mentor; name, phone number and email address of organizational representative; summary of conversation)</li> <li>Names of staff to be trained, training date(s) scheduled, training location(s), confirmation of registration for training, registration fees paid</li> </ul>

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Progress report – Update on work plan milestones, including:
• Is the organization on track with completing activities in the work
plan?
<ul><li>If not, what is the reason for any delays?</li></ul>
<ul><li>Have staff been trained?</li></ul>
<ul> <li>Have data entry staff been hired?</li> </ul>
Summary of contacts with mentor, if any
<ul> <li>What other accomplishments has the organization achieved to date?</li> </ul>
What challenges has the organization encountered, and how
were they overcome?
Budget status report:
Complete the budget report on the form that will be provided
<ul> <li>Are there any requested changes to the budget?</li> </ul>
Progress report
<ul> <li>Update on work plan milestones as shown above</li> </ul>
Budget status report:
Complete the budget report on the form that will be provided
<ul> <li>Are there any requested changes to the budget?</li> </ul>
Final report describing the following:
Work plan milestones as shown above
Reason for any milestones not achieved
Successes, barriers, lessons learned
<ul> <li>Next steps (post-funding period)</li> </ul>
Final budget report:
<ul> <li>Complete the budget report on the form that will be provided</li> </ul>

Category C: Building Infrastructure to Provide DSME Services

Timeframe	Deliverable
Within 2 weeks of award	<ul> <li>Work plan for what the organization will accomplish throughout the funding period, including timeline and person responsible for each activity</li> <li>Confirmation of contact with mentor (date; name, phone number and email address of mentor; name, phone number and email address of organizational representative; summary of conversation).</li> <li>Details about curriculum selected, whether it has been</li> </ul>
Within 1 month of award	purchased, other materials purchased, etc.  Progress report – Update on work plan milestones, including:
Within I month of award	<ul> <li>Which curriculum was selected? Has it been purchased?</li> <li>Have staff been trained on the curriculum?</li> <li>Summary of contacts with mentor (date of contacts; name, phone number and email address of mentor; name, phone number and email address of organizational representative; summary of conversations)</li> <li>What other accomplishments has the organization achieved to date?</li> <li>What challenges or barriers has the organization experienced to date, and how have they been overcome?</li> </ul>

	Budget status report:
	Complete the budget report on the form that will be provided
	Are there any requested changes to the budget?
By February 1, 2016	Progress report:
	Update on work plan milestones as shown above
	Budget status report:
	Complete the budget report on the form that will be provided
	Are there any requested changes to the budget?
By June 15, 2016	Final report describing the following:
	Work plan milestones as shown above
	Reason for any milestones not achieved
	Successes, barriers, lessons learned
	Next steps (post-funding period)
	Final budget report:
	Complete the budget report on the form that will be provided

Category D: Becoming an Accredited/ Recognized DSME Program

Timeframe	Deliverable
Within 2 weeks of award	<ul> <li>Work plan for what the organization will accomplish throughout the funding period, including timeline and person responsible.</li> <li>If known, include whether ADA or AADE process will be used.</li> <li>Confirmation of contact with mentor (date; name, phone number and email address of mentor; name, phone number and email address of organizational representative; summary of conversations).</li> </ul>
Within 1 month of award	<ul> <li>Progress report – Update on work plan milestones, including:</li> <li>Completed National Standards checklist</li> <li>State whether ADA or AADE process will be used.</li> <li>Summary of contacts with mentor, including whether mock audit/site visit has been scheduled and if so, what is the date?</li> <li>What other accomplishments has the organization achieved to date?</li> <li>What challenges or barriers has the organization experienced to date, and how have they been overcome?</li> <li>Budget status report:</li> <li>Complete the budget report on the form that will be provided</li> <li>Are there any requested changes to the budget?</li> </ul>
By February 1, 2016	Progress report:  Update on work plan milestones as shown above Budget status report:  Complete the budget report on the form that will be provided Are there any requested changes to the budget?
By June 15, 2016	<ul> <li>Final report detailing:</li> <li>Work plan milestones as shown above</li> <li>Reason for any milestones not achieved</li> <li>Summary of mock audit/site visit</li> <li>Date application for recognition/accreditation was submitted (or anticipated date if not submitted by end of funding period);</li> </ul>

	details of application/readiness status
	<ul> <li>Successes, barriers, lessons learned</li> </ul>
	<ul> <li>Next steps (post-funding period)</li> </ul>
	Final budget report:
	<ul> <li>Complete the budget report on the form that will be provided</li> </ul>

#### Category E: Establishing DSME Satellites

Timeframe	Deliverable	
Within 2 weeks of award	<ul> <li>Work plan for what the sponsoring organization will accomplish throughout the funding period, including timeline and person responsible</li> </ul>	
	<ul> <li>Include whether ADA or AADE process will be used</li> <li>Confirmation of contact between sponsor/mentor and satellite contact:</li> </ul>	
	<ul> <li>Date of contact(s)</li> <li>Name, phone number and email address of sponsor/mentor</li> <li>Name and address of satellite facility</li> <li>Name, phone number and email address of satellite representative</li> </ul>	
	<ul> <li>Summary of conversation(s)</li> </ul>	
Within 1 month of award	Progress report – Update on work plan milestones, including:  Completed National Standards checklist	
	<ul> <li>Summary of contacts between sponsor/mentor and satellite contact, including whether mock audit/site visit has been scheduled and if so, what is the date?</li> </ul>	
	<ul> <li>What accomplishments has the organization achieved to date?</li> <li>What challenges or barriers has the organization experienced to date, and how have they been overcome?</li> </ul>	
	Budget status report:	
	<ul> <li>Complete the budget report on the form that will be provided</li> <li>Are there any requested changes to the budget?</li> </ul>	
By February 1, 2016	Progress report:	
	Update on work plan milestones as shown above Budget status report:	
	<ul> <li>Complete the budget report on the form that will be provided</li> <li>Are there any requested changes to the budget?</li> </ul>	
By June 15, 2016	Final report detailing:  Work plan milestones as shown above	
	Reason for any milestones not achieved	
	<ul> <li>Summary of mock audit/site visit</li> <li>Date application for satellite recognition/accreditation was submitted (or anticipated date if not submitted by end of funding period); details of application/readiness status</li> <li>Successes, barriers, lessons learned</li> <li>Next steps (post-funding period)</li> </ul>	
	Final budget report:  Complete the budget report on the form that will be provided	

Category F: Sustaining DSME Programs

Timeframe	Deliverable
Within 2 weeks of award	Work plan for what the organization will accomplish throughout the funding period, including timeline and person responsible.
	<ul> <li>List of trainings to be completed, names and positions of staff to be trained, dates of training</li> </ul>
Within 1 month of award	
Within I month of award	Progress report
	Update on work plan milestones
	What has the organization accomplished to date?
	Budget status report:
	Complete the budget report on the form that will be provided
	<ul> <li>Are there any requested changes to the budget?</li> </ul>
By February 1, 2016	Progress report:
	Update on work plan milestones as shown above
	Budget status report:
	Complete the budget report on the form that will be provided
	<ul> <li>Are there any requested changes to the budget?</li> </ul>
By June 15, 2016	Final report describing the following:
	Work plan milestones as shown above
	Reason for any milestones not achieved
	Successes, barriers, lessons learned
	Next steps (post-funding period)
	Final budget report:
	Complete the budget report on the form that will be provided

## V. DSME Mini-Grant Application FY 2015-2016

#### **DSME MINI-GRANT APPLICATION COVER SHEET (REQUIRED)**

The following cover information must be completed.

ORGANIZATION INFORMATION	
Organization Name	
Organization Address	
Contact Name: Phone	Number
Contact Title: Email A	address
FUNDING REQUESTED	
Before requesting funding, please review Section II: Funding Cate AADE's Diabetes Education Accreditation Program to determine your organization at this time.	•
Category Requested (Check All that Apply)	Funding Amount Requested
Category A: Getting Ready to Develop a DSME Program	\$
Category B: Training/Professional Development for DSME St	taff \$
Category C: Building Infrastructure to Provide DSME Service	s \$
Category D: Becoming an Accredited/Recognized DSME Pro	gram \$
Category E: Establishing DSME Satellites	\$
Category F: Sustaining DSME Programs	\$
TOTAL FUNDING REQUESTED	\$
By affixing my signature on this cover sheet, I hereby state that Funding Availability Notification, Terms, Conditions, Provisions I hereby certify that my company, its employees, and its princip conditions, provisions and specifications during the solicitation	s, and Specifications and all attachments. pals agree to abide by all of the terms,
Signature of Authorized Representative:	
Printed (Typed) Name and Title:	
Date:	
Return the completed application, including cover sheet and Sec email to: WellFlorida Council Attention: Lindsey K. Redding	ctions A, B, C, D, and E in pdf format <b>via</b>

Application Deadline: August 31, 2015

<u>Iredding@wellflorida.org</u>

#### 2015-2016 DSME MINI-GRANT APPLICATION ALL SECTIONS (A, B, C, D, AND E) ARE REQUIRED

**SECTION A: Demonstrate Need** (Maximum 3 double-spaced pages): Why are these funds needed? Address each category for which you are requesting funds.

- A.1 What unmet needs for DSME will your program address (e.g., underserved geographic area, low-income population, no other program easily accessible)? Cite Florida CHARTS, Behavioral Risk Factor Surveillance System, Community Health Assessments, and other data sources.
- A.2 In which county is the program providing services or planning to establish a program or a satellite?
- A.3 How does this funding opportunity relate to the organization's mission?

**SECTION B: Organization's ability to provide services** (Maximum 2 double-spaced pages): What is the organization's ability to provide the services for which funds are requested?

- B.1 Describe the organization's experience, administrative structure, and professional qualifications, including staff credentials and experience with diabetes education services. Does the organization currently provide DSME services? If so, how long have you been providing DSME? How many participants have completed your DSME program? If not, how do the organization's experience, structure, and staff qualify it to begin a DSME program?
- B.2 Describe the organization's facility(ies), including classroom facilities. Is the facility where you provide (or will provide) services conveniently located for the target population?
- B.3 Describe your organization's commitment to addressing the need (e.g., budget currently allocated to diabetes prevention and control, statement of support).

**SECTION C: Proposed activities** (Maximum 3 double-spaced): How will the organization use these funds to increase access to DSME? Provide a thorough explanation of the proposed activities.

- C.1 For each category for which funding is requested, explain what activities will be conducted and who will be responsible for activities and oversight.
- C.2 For each category for which funding is requested, describe expected outcomes that are SMART (Specific, Measurable, Achievable, Relevant, and Time-Limited).
- C.3 For each category for which funding is requested, describe how the activities will benefit the population served.

**SECTION D: Budget and budget narrative:** Complete the budget on the template provided (Attachment 1). Prepare a budget narrative that explains the use of each item in the budget and how it will help the organization achieve the purpose of the funding. Line items can be applied to more than one category of funding. Applicant will be required to revise any areas of the budget that reflect non-allowable expenses.

- D.1 Use provided template to complete the budget. Stay within funding caps for each funding category. Maximum 1 page, single spaced.
- D.2 Include a Budget Narrative that describes in detail each line item of the budget. Only allowable line items will be funded. Maximum 2 double-spaced pages.

**SECTION E:** Letters of Support: Attach up to five letters of support, no more than two single-spaced pages each. Letters of support must be on official letterhead and signed by authorized representative.

## 2015-2016 DSME MINI-GRANT APPLICATION ATTACHMENT 1 BUDGET and BUDGET NARRATIVE (REQUIRED)

Organization:	
	BUDGET
	BUDGET

	1	T		1
BUDGET LINE	FUNDING	DESCRIPTION (Short)	AMOUNT	AMOUNT
ITEM	CATEGORY		REQUESTED	APPROVED
	(A, B, C, D,			(Health
	E, or F)			Council will
				complete)
Personnel*				
Supplies/				
Materials**				
Training				
Recognition				
OR				
Accreditation				
Fees				
Other				
TOTAL				

<sup>\*</sup>Only temporary data entry staff will be approved.

You may add additional lines as needed to request funds for additional line items.

#### BUDGET NARRATIVE (REQUIRED)

Attach a budget narrative that justifies each line item in the budget. The maximum length of the budget narrative is two double-spaced pages.

<sup>\*\*</sup>May include food ONLY if part of a healthy nutrition presentation for DSME class participants.

## 2015-2016 DSME MINI-GRANT APPLICATION ATTACHMENT 2

## DSME Mini-Grant Application Score Sheet (To Be Completed by Review Committee)

Applicant Organization:							
Reviewer Name:	Date Re	viewed	d:				
Funding Category(ies) (circle all that this applicant	applied for):	Α	В	С	D	Ε	F
TOTAL FUNDING REQUESTED: \$							
SECTION/Criteria						SCC	DRE
Cover Information – Maximum score = 5							
<ul> <li>All cover information (organization and function)</li> <li>Organization information is complete but function</li> <li>Funding request section is complete but org</li> <li>NEITHER organization information NOR function</li> </ul>	inding request s anization infori	section mation	is not	comple	ete = 3		
Section A: Demonstrate Need. Address each categories = 20	gory for which	you are	e reque	esting f	unds. N	1aximu	m
<ul> <li>A.1 For each category for which funds are req which funds are requested are highly dem such as CHARTS, census data, and commu</li> <li>Yes = 10</li> <li>Partial = 7</li> <li>No/Not explained = 0</li> </ul>	nonstrated using	g count	ty data		•		
<ul> <li>A.2 Is the program or proposed program or sa</li> <li>Yes = 5</li> <li>No = 0</li> </ul>	itellite in a targ	eted co	ounty?				
<ul> <li>A.3 Does the purpose of the funding relate to</li> <li>Yes = 5</li> <li>Partial = 3</li> <li>No/Not explained = 0</li> </ul>	the organizatio	on's mis	ssion?				
Section B: Organization's ability to provide service	es – Maximum s	core =	30				
<ul> <li>B.1 The organization's experience, administra qualifications are described and are adequundertaken.</li> <li>Yes= 5</li> <li>Somewhat = 3</li> <li>No = 0</li> </ul>	•	•					
<ul> <li>B.2 The organization's facility(ies) are described will be undertaken, and are accessible for</li> <li>Yes= 5</li> <li>Somewhat = 3</li> <li>No = 0</li> </ul>	•			vities w	vhich		

## 2015-2016 DSME MINI-GRANT APPLICATION ATTACHMENT 2

## DSME Mini-Grant Application Score Sheet (To Be Completed by Review Committee)

Page 2

Applicant Organization: _	
Reviewer Name:	Date Reviewed:
DSME needs of the prevention and c	emonstrates that the organization is committed to addressing the ne community (e.g., budget currently allocated to diabetes ontrol, statement of support) and is willing to hire certified staff if g to the category(ies) applied for.
• No = 0	
•	ities – Maximum score = 20
	y for which funding is requested, does the applicant explain what conducted and who will be responsible for activities and oversight?
-	y for which funding is requested, does the applicant describe nes that are SMART (Specific, Measurable, Achievable, Relevant, and
C.3 For each category	y for which funding is requested, does the applicant describe how benefit the population served?
Section D: Budget and bu	dget narrative – Maximum score = 20
<ul><li>Yes= 10</li><li>No = 0</li></ul>	completed using the template?
requested line ite to successfully co • Yes= 10 • Somewhat = • No = 0	
•	ort – Maximum score = 5
<ul><li>Yes= 5</li><li>No = 0</li></ul>	on official letterhead and signed, included?
TOTAL SCORE (Maximum	100)

## 2015-2016 DSME MINI-GRANT APPLICATION ATTACHMENT 3 Crosswalk for AADE's Diabetes Education Accreditation Program



National Standard	<b>Essential Elements</b>	<b>Essential Elements Checklist</b>	Interpretive Guidance
Internal Structure:  The provider(s) of DSME will document an organizational structure, mission statement, and goals. For those providers working within a larger organization, that organization will recognize and support quality DSME as an integral component of diabetes care.	A) There is documentation that describes or depicts Diabetes Education as a distinct component within the organization's structure and articulates the program's mission and goals. Documentation of an organizational structure, mission statement, and goals can lead to efficient and effective provision of DSME and DSMS.  B) Documentation of an organizational structure that delineates channels of communication and represents institutional commitment to the educational entity is critical for success.	1. Clearly Documented organizational structure of DSME Program illustrating the clear channels of communication to the program from sponsorship  YES	Standard one relates to your programs formalized internal structure.  The Organizational Chart is a graphic or narrative depiction of formal relationships within the Organization that identifies areas of responsibility, accountability relationships and channels of communication.  The mission statement is a brief description of the program's fundamental purpose. It answers the question, "Why do we exist?" This statement broadly describes the program's present capabilities, customer focus, and activities. The audience is identified in the mission statement.  The Goals identify the intended activities needed to accomplish the mission.  AADE will review the programs mission statement, goals and letter of support from your sponsoring organization. If your program is small and you are the sponsoring organization please write a statement of support for the DSME program demonstrating the program's commitment to the people with diabetes in your community.



National Standard	RDS FOR DIABETES SELF-MANAGEMENT EDUCATION  Essential Elements	<b>Essential Elements Checklist</b>	<b>Interpretive Guidance</b>
External Input:  The provider(s) of DSME will seek ongoing input from external stakeholders and experts to promote program quality.	A) For both individual and group providers of DSME and DSMS, external input is vital to maintain an up-to-date, effective program. Broad participation of community stakeholders, including people with diabetes, health professionals, and community interest groups, will increase the program's knowledge of the local population, and allow the provider to better serve the community. The DSME and DSMS provider(s) must have a documented plan for seeking outside input and acting on it.  B) The goal of external input and discussion in the program planning process is to foster ideas that will enhance the quality of the DSME and/or DSMS being provided, while building bridges to key stakeholders.  C) The result is effective, dynamic DSME that is patient-centered, more responsive to consumeridentified needs and the needs of the community, more culturally relevant, and more appealing to consumers	5. Program has a documented plan for seeking outside input  YES	Standard two relates to the programs seeking input from key stakeholders and experts in their community.  Input can be completed by phone, survey, email or face to face. However, interactions with stakeholders and subsequent follow-up needs to be documented along with the details of the interaction and the content of the discussions including; participating Stakeholders, Program changes, Access issues, CQI action plans, DSMS.  Stakeholder Feedback; a program must have an annual report reflecting this input available for review  Suggested stakeholders_include but are not limited to: people with diabetes, health professionals, and community interest groups  A suggested timeline for new programs include: reaching out to stakeholders within the first six months of accreditation, and at the end of the first year This initial 6 month outreach will allow for input early on and will help shape and formalize new programs.



National Standard Essential Elements	<b>Essential Elements Checklist</b>	Interpretive Guidance
Access:  Access:  The provider(s) of DSME will determine whom to serve, how best to deliver diabetes education to chat population, and what resources can provide ongoing support for that population.  C) It is essential to determine factors that prevent people with diabetes from receiving self-management education. The assessment process includes the identification of these barriers to access These barriers may include the socio-economic or cultural factors mentioned above, as well as, for example, health insurance shortfalls and the failure of other health providers to pursue diabetes education.	7. Documentation identifying your population is required and is reviewed at least annually  YES	Standard three relates to the program's knowledge and understanding of the population they serve and could potentially serve in their community.  Provider must identify and understand their programs population demographic characteristics, such as ethnic/cultural background, gender, and age, as well as their levels of formal education, literacy, and numeracy. Understanding their population also entails identifying resources outside of the provider's practice that can assist in the ongoing support of the participant.  Allocation of resources must be reviewed, and documented items which are based on assessment of the population's specific needs including but not limited to: room, materials, curriculum, staffing, support, how classes are structured and when they are offered.



National Standard	<b>Essential Elements</b>	<b>Essential Elements Checklist</b>	Interpretive Guidance
Standard 4  Program Coordination:  A coordinator will be designated to oversee the DSME program. The coordinator will have oversight responsibility for planning, implementation, and evaluation of education services.	A) Coordination is essential to ensure that quality diabetes self-management education and support is delivered through an organized, systematic process.  B) The coordinator's role may be viewed as that of coordinating the program (or education process) and/or as supporting the coordination of the many aspects of self-management in the continuum of diabetes and related conditions when feasible.  C) This oversight includes designing an education program or service that helps the participant access needed resources and assists him or her in navigating the health care system.  D) Coordinators are to follow the continuing education requirements of their professions (a minimum of 15 hours continuing education is required annually)	10. Coordinator's resume (reflecting experience managing a chronic disease, facilitating behavior change, and experience with program and/or clinical management):  YES	Standard four focuses on the leadership of the program through the program coordinator.  The breadth and depth of responsibilities of the program coordinator will vary with the program size and complexity, but, at a minimum, the coordinator must have the ability to be responsible for planning, implementation and evaluation of services.  The program coordinator must have skills and experience of working with managing a chronic disease, facilitating behavior change, in addition to experience with program and/or clinical management.  The program coordinator must complete 15 hours of continuing education on an annual basis as it relates to diabetes care as well as their profession i.e. program management, education, chronic disease care, behavior change. {If the program Coordinator is a CDE or BC-ADM they do not need the 15 hours in the year prior to accreditation but must attest to receiving these hours on an annual basis, moving forward after accreditation.}



National Standard	<b>Essential Elements</b>	<b>Essential Elements Checklist</b>	Interpretive Guidance
Standard 5	A) Resumes and proof of licenses, registration	13. Document that at least one	Standard five focuses on meeting the
	and/or certification shall be maintained to verify	of the instructors is an RN, RD or	needs of the population the program
Instructional Staff:	that program staff is comprised of instructor(s) who	pharmacist with training and	serves through qualified instructional
	have obtained and maintained the required	experience pertinent to DSME, or	staff and outside referrals as needed.
One or more	credentials.	another professional with	
instructors will		certification in diabetes care and	Expert consensus supports the need for
provide DSME and,	B) If Community Health Workers (CHW) are a part of	education, such as a CDE or BC-	specialized diabetes and educational
when applicable,	the DSMT program team, there is documentation of	ADM	training beyond academic preparation for
DSMS. At least one of	successful completion of a standardized training		the primary instructors on the diabetes
the instructors	program for CHWs and additional and on-going	YES 🗆	team
responsible for	training related to diabetes self-management.	NO 🗆	
designing and	<ul> <li>Training includes scope of practice</li> </ul>		A number of studies have endorsed a
planning DSME and	relative to role in DSMT	14. Current credential for	multi-disciplinary team approach to
DSMS will be an RN,		instructor(s) (including licensure	diabetes care, education, and support,
RD or pharmacist with	C) If CHWs are part of the DSMT program's team,	and/or registration proof)	reflecting the evolving health care
training and	there shall be documentation that they are directly	YES 🗆	environment,
experience pertinent	supervised by, the named diabetes educator(s) in	NO 🗆	
to DSME, or another	the program.		Continuing education for instructional
professional with		15. Instructor's resume is	staff needs to be diabetes-specific,
certification in	D) Professionals serving as instructors must	current and reflects their	diabetes-related, and/or behavior change
diabetes care and	document appropriate continuing education or	diabetes education experience	self- management education strategies-
education, such as a	comparable activities to ensure their continuing		specific (e.g., AADE7 self-care behaviors)
CDE or BC-ADM.	competence to serve in their instructional, training	YES □	
Other health workers	and oversight roles:	NO 🗆	Lay health, community workers and peer
can contribute to	a. Instructors: 15 hours of continuing		counselors or educators may contribute to
DSME and provide	education annually for all	16. 15 hours of CE credits per	the provision of DSME instruction and
DSMS with	instructors. If Instructor is a CDE	year for all instructors annually	provide DSMS if there is documentation o
appropriate training	they must maintain the CE	year for an instructors armadily	their having received training in diabetes
in diabetes with	requirement of their certification if	YES 🗆	self-management, the teaching of self-
supervision and	the instructor is a BC-ADM they	NO 🗆	management skills, group facilitation, and
support.	must maintain the requirements to	INO 🗆	emotional support.
	maintain certification these hours		
	must be from a nationally		The annually reviewed and updated
	recognized accrediting body.		documentation of appropriate training
			needs to be signed by the program



E) For programs, particularly those that have solo instructors, there shall be a policy that identifies a mechanism for ensuring participant needs are met if needs are coordination and interaction.  17. There is documentation of successful completion of a sualiable for review and because this level standardized training program for CHWs (Training includes scope of practice and expertise.  F) There shall be documentation of: A process for ensuring that appropriate care coordination among the diabetes care team occurs and Team coordination and interaction.  18. Documentation that the CHWs are supervised by, the named diabetes educator(s) in the program  YES	National Standard	<b>Essential Elements</b>	<b>Essential Elements Checklist</b>	Interpretive Guidance
		<ul> <li>instructors, there shall be a policy that identifies a mechanism for ensuring participant needs are met if needs are outside of instructor's scope of practice and expertise.</li> <li>F) There shall be documentation of: A process for ensuring that appropriate care coordination among the diabetes care team occurs and Team</li> </ul>	successful completion of a standardized training program for CHWs (Training includes scope of practice relative to role in DSME):  YES	available for review and because this level staff may not qualify for Continuing Education. Documentation can be a certificate of completion or a competency checklist. CHW must receive training on an annual basis specific to their role.  A system is in place that ensures supervision of the services the CHW provides. The nature of this supervision by a named diabetes educator or other health care professional and professional back-up to address clinical problems or questions beyond their training must be documented  This supervision can be in person, by phone using a protocol for suggesting follow-up with the diabetes educator or other health care professional.  Mechanisms for meeting needs outside a scope of practice includes: referrals to other practitioner and/or partnering with a professional with additional expertise (e.g., exercise physiologist or behavioral



National Standard	<b>Essential Elements</b>	<b>Essential Elements Checklist</b>	Interpretive Guidance
Curriculum:  Written curriculum reflecting current evidence and practice guidelines, with criteria for evaluating outcomes, will serve as the framework for the provision of DSME. The needs of the individual participant will determine which parts of the curriculum will be provided to that individual.	A) The curriculum must be dynamic and reflect current evidence and practice guidelines  B) The following core topics are commonly part of the curriculum taught in comprehensive programs that have demonstrated successful outcomes.  Describing the diabetes disease process and treatment options:  a. Incorporating nutritional management into lifestyle  b. Incorporating physical activity into lifestyle  c. Using medication(s) safely and for maximum therapeutic effectiveness  d. Monitoring blood glucose and other parameters and interpreting and using the results for selfmanagement decision making  e. Preventing, detecting, and treating acute complications  f. Preventing detecting, and treating chronic complications  g. Developing personal strategies to address psychosocial issues and concerns.  h. Developing personal strategies to promote health and behavior change.	20. Evidence of a written curriculum, tailored to meet the needs of the target population, is submitted and includes all content areas listed in the essential elements  YES □ NO □  21. The curriculum adopts principles of AADE7™ behaviors  YES □ NO □  22. The curriculum is reviewed at least annually and updated as appropriate to reflect current evidence, practice guidelines and its cultural appropriateness  YES □ NO □  23. Curriculum reflects maximum use of interactive training methods  YES □ NO □	Standard six specifies curriculum teaching strategies utilized. Programs using a purchased curriculum must describe how the curriculum has been adapted to meet the needs of the population served.  While the content areas listed in the essential elements provide a solid outline for a diabetes education and support curriculum, it is crucial that the content be tailored to match each individual's needs. This includes adaptation as necessary for the following: Assessed need, age and type of diabetes (including prediabetes and diabetes in pregnancy), cultural factors, health literacy and numeracy, and comorbidities, learning style preferences. The content areas must also be adapted and modified to fit the program's practice setting.  Creative, patient-centered, experience-based delivery methods—beyond the mere acquisition of knowledge—are effective for supporting informed decision-making and meaningful behavior change and addressing psychosocial concerns. Approaches to education that are interactive and patient-centered have been shown to be effective.



National Standard	<b>Essential Elements</b>	<b>Essential Elements Checklist</b>	Interpretive Guidance
Standard 7 Individualization: The diabetes selfmanagement, education, and support needs of each	A) Each Participants needs must be individualized. An assessment process must be used to identify what those needs are, and to facilitate the selection of appropriate educational and behavioral interventions and self-management support strategies, guided by evidence.	24. The education process is defined as an interactive, collaborative process which assesses, implements and evaluates the educational intervention to meet the needs of the individual	Standard seven focuses on ensuring that the education provided is individualized to each participant. The instructor will assess each participant in order to individualize the best educational and behavioral intervention and support strategies.
participant will be assessed by one or more instructors. The participant and instructor(s) will then together develop an individualized education and support plan focused on behavior change.	B) The assessment must garner information about the individual's medical history, age, cultural influences, health beliefs and attitudes, diabetes knowledge, diabetes self-management skills and behaviors, emotional response to diabetes, readiness to learn, literacy level (including health literacy and numeracy), physical limitations, family support, and financial status.	YES  NO   25. De-identified patient chart must include evidence of the following elements	This assessment can be done individually or in group. It may include a self-assessment completed by the individual prior to the first meeting. This process should be appropriate for the population the program serves as well as being tailored to meet the needs of any individual participant.
	C) The education and support plan that the participant and instructor(s) develop will be rooted in evidence-based approaches to effective health communication and education while taking into consideration participant barriers, abilities, and expectations.  D) The assessment and education plan, intervention, and outcomes will be documented in the education/health record. Documentation of participant encounters will guide the education process, provide evidence of communication among instructional staff and other members of the participant's healthcare team, prevent duplication of services, and demonstrate adherence to guidelines.  E) The instructor will employ clear health	Medical history, age, cultural influences, health beliefs and attitudes, diabetes knowledge, diabetes self-management skills and behaviors, emotional response to diabetes, readiness to learn, literacy level (encompassing health literacy and numeracy), physical limitations, family support, and financial status	There needs to be a complete, individualized education plan for each participant that includes interventions and desired outcomes. The education plan needs to be developed collaboratively with the participant and family or others involved with the participants care as required. This will guide the process of working with the participant and must be documented in the education records.  Programs also need to document an individualized follow-up support plan. A variety of assessment modalities include: telephone follow-up and use of other information technologies (e.g., Web-based, text-messaging, or automated phone calls), and may be used to augment face-to-face follow-up, progress assessments.



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	communication principles, avoiding jargon, making information culturally relevant, using language— and literacy-appropriate education materials, and using interpreter services when indicated. Evidence-based communication strategies such as collaborative goal-setting, motivational interviewing, cognitive behavior change strategies, problem-solving, self-efficacy enhancement, and relapse prevention strategies are also effective.	PES □ NO □  Individualized educational plan of care based on assessment and behavioral goal  PES □ NO □  Documented individualized follow-up on education and goals  PES □ NO □	An action -oriented behavioral goal/objective plan, clearly documents the plan and guides follow up discussion of progress towards achieving goals, or identifies gaps.



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Standard 8  Ongoing Support:  The participant and instructor(s) will together develop a personalized follow-up plan for ongoing self-management support. The participant's outcomes and goal and the plan for ongoing self-management support will be communicated to other members of the healthcare team.	A) Because self-management takes place in participants' daily lives and not in clinical or educational settings, patients will be assisted to formulate a plan to find community-based resources that may support their ongoing diabetes self-management.  B) DSME and DSMS providers will work with participants to identify such services and, when possible, track those that have been effective with patients, while communicating with providers of community-based resources in order to better integrate them into patients' overall care and ongoing support.  C) Primary responsibility for diabetes education belongs to the provider(s) of DSME, participants benefit by receiving reinforcement of content and behavioral goals from their entire health care team.  D) Many patients receive DSMS through their primary care provider. Thus, communication among the team regarding the patient's educational outcomes, goals and DSMS plan is essential to ensure that people with diabetes receive support that meets their needs and is reinforced and consistent among the healthcare team members.	De-identified Chart must also include the following:  On-going Self-Management Support options reviewed with the Participant  YES	Standard eight focuses on the importance of ongoing support above and beyond the initial DSME.  While DSME is necessary and effective, it does not in itself guarantee a lifetime of effective diabetes self-care. Initial improvements in participants' metabolic and other outcomes have been found to diminish after approximately 6 months.  DSMS (Diabetes Self-Management Support) is defined as: Activities that assist the person with prediabetes or diabetes in implementing and sustaining the behaviors needed to manage his or her condition on an ongoing basis beyond or outside of formal self-management training. The type of support provided can be behavioral, educational, psychosocial, or clinical.  Programs need to identify community opportunities/resources that may benefit their participants and support their commitment to their chosen behavioral modifications. The options available need to be offered patient preferences documented. Community programs need to be reviewed periodically to insure that participants are provided with current information. The community programs can also provide external input to meet elements in Standard two.



A) Effective diabetes self-management can be a significant contributor to long-term, positive health outcomes. The provider(s) of DSME and DSMS will assess each participant's personal self-management goals and his or her progress toward those goals diabetes self-management goals and other outcome(s) as a way to evaluate the effectiveness of the educational intervention(s), using appropriate measurement techniques.  A) Effective diabetes self-management can be a significant contributor to long-term, positive health outcomes. The provider(s) of DSME and DSMS will assess each participant's personal self-management goals and his or her progress toward those goals and other outcome(s) as a way to evaluate the effectiveness of the educational intervention(s), using appropriate measurement techniques.  A) Effective diabetes self-management can be a significant contributor to long-term, positive health outcomes Stand DSMS will assess each participant's personal self-management goals and his or her progress toward those goals and his or her progress toward those goals  B) The AADE Outcome Standards for Diabetes Education specify behavior change as the key outcome and provide a useful framework for assessment and documentation. The "AADE?" lists seven essential factors: physical activity, healthy eating, medication taking, monitoring blood glucose, diabetes self-care related problem solving, reducing risks of acute and chronic complications, and psychosocial aspects of living with diabetes; which serve as a useful format.  C) Assessments of participant outcomes must occur at appropriate intervals. The interval depends on the nature of the outcome tistelf and the timeframe specified based on the participant's
personal goals. For some areas, the indicators, measures, and timeframes will be based on guidelines from professional organizations or government agencies.  achievement of goals including any review and / or adjustments made to the educational plan or goals.



National Standard	Essential Elements	<b>Essential Elements Checklis</b>	,
Standard 10  Quality Improvement:  The provider(s) of DSME will measure the effectiveness of the education and support and look for ways to improve any identified gaps in services or service quality, using a systematic review of process and outcome data.	A) Diabetes education must be responsive to advances in knowledge, treatment strategies, education strategies, and psychosocial interventions, as well as consumer trends and the changing health care environment. By measuring and monitoring both process and outcome data on an ongoing basis, providers of DSME can identify areas of improvement and make adjustments in participant engagement strategies and program offerings accordingly.  B) DSME provider must designate timelines and important milestones including data collection, analysis, and presentation of results.	26. Evidence of aggregate data collected and used for analysis of both behavioral and clinical outcomes is clearly identified at time of application  YES	Standard ten relates to the annual process by which programs will assess their operations, including the delivery of education and support.  Programs must have a process/system in place in order to collect, aggregate and analyze clinical outcomes measures and behavioral goal achievement. Evidence of this process with data will need to be submitted at time of application and annually.  Continuous Quality Improvement (CQI) insures program engagement, intentional and systematic service improvement with intention of increasing positive outcomes CQI is a cyclical, data-driven process which is proactive, not reactive. Data for the CQI plan is collected and used to makes positive changes—even when things are going well—rather than waiting for something to go wrong and then fixing it.  All DSMT sites, including new entities by the six month mark, must be able to show implementation of the CQI plan. A program may be randomly selected within the first year of accreditation to submit their CQI plan.  Examples include but are not limited to: wait times, program attrition, referrals, reduction in A1Cs, education process, weights, foot and eye exams, reimbursement issues, number of referrals, follow up, etc.